

HAYES FREEDOM HIGH SCHOOL

June 2017

Breakfast Prices

Breakfast: \$2.05

Reduced: Free

Lunch Prices

Lunch: \$3.10

Reduced: \$0.40

Daily Breakfast

A variety of Whole Grain Cereals, Whole Wheat Bagels, Fresh Fruit & Yogurt

Monday: Whole Grain French Toast Sticks

Tuesday: Cinnamon & Brown Sugar Oatmeal Round

Wednesday: Whole Grain Breakfast Pizza

Thursday: Turkey Sausage, Egg & Cheese Bagel

Friday: Pancake on a Stick

Second Chance Breakfast

Cereal Bar w/Cheese Stick, Cereal with Crackers, Bagel & Cream Cheese, Muffins, Fruit and Vegetable of the day

Monday: Yogurt & Graham Crackers

Tuesday: Giant Fish Graham with Cheese Stick

Wednesday: WG Pretzel & Strawberry Cream Cheese

Thursday: Strawberry Yogurt Chex Mix with Cheese Stick

Friday: Wheat Crackers with Cheese Sticks

Weekly Sandwich Choices

6/1 – 6/2: Chicken BLT Wrap

6/5 – 6/9: Buffalo Chicken Wrap

6/12 – 6/16: Fiesta Wrap

6/19 – 6/23: Chicken Caesar Wrap

Choice of Ham or Turkey sandwiches daily

Weekly Salad Choices

6/1 – 6/2: Italian Salad

6/5 – 6/9: Buffalo Chicken Salad

6/12 – 6/16: Hummus Plate

6/19 – 6/23: Crispy Chicken Salad

Choice of Chef or Chicken Caesar salads daily

Great Variety & Healthy Choices

All meals include a visit to the Garden Bar

Low Fat Milk, Fat Free Milk and

Juice available daily

			<u>6/1</u> Chicken Alfredo Chicken Burger <u>Dessert:</u> Cookie!	<u>6/2</u> Chili Cheese Fries Pizza
<u>6/5</u> Chicken Teriyaki Chicken Burger	<u>6/6</u> Bean & Cheese Enchilada Corn Dogs	<u>6/7</u> Nachos Cheeseburger Special Parfaits	<u>6/8</u> Turkey Gravy & Potatoes Chicken Burger <u>Dessert:</u> Brownie	<u>6/9</u> Chicken Potato Bowl Pizza
<u>6/12</u> Pancake, Egg & Sausage Chicken Burger	<u>6/13</u> Meatball Sub Corn Dog	<u>6/14</u> Nachos Cheeseburger Special Parfaits	<u>6/15</u> Mac & Cheese Chicken Burger <u>Dessert:</u> Ice Cream Bar	<u>6/16</u> Salisbury Steak Pizza
<u>6/19</u> Korean Meatballs Chicken Burger	<u>6/20</u> Bean & Cheese Burrito Corn Dog	<u>6/21</u> Nachos Cheeseburger Special Parfaits	<u>6/22</u> Stromboli Chicken Burger <u>Dessert:</u> Scooby Snack	<u>6/23</u> Fish & Tots Pizza
<u>6/26</u> Cheese or Pepperoni personal pizzas				